

# Menu 2015 - 16

**WEEK ONE**

**MONDAY**  
Chicken Grill  
or  
Cowboy Stew   
Potato Wedges  
Beans / Broccoli  
Krispie Cake

**TUESDAY**  
Baked Sausages   
or  
Filled Omelette   
Potato Waffles  
Peas / Beans  
Fruit Sponge and Custard

**WEDNESDAY**  
Cottage Pie   
or  
Quorn Curry and Naan   
Rice  
Green Beans / Carrots  
Fruit Cheesecake

**THURSDAY**  
Roast Chicken and Stuffing   
or  
Macaroni Cheese   
Mashed Potatoes / Crusty Bread  
Farmhouse Mixed Veg  
Oaty Cookie

**FRIDAY**  
Breaded Salmon  
or  
Pizza   
Chips  
Peas / Salad  
Fruity Jelly and Ice Cream 

**WEEK TWO**

**MONDAY**  
Chicken Curry and Naan   
or  
Cheese and Tomato Ciabatta   
Rice / Diced Potatoes  
Salad / Coleslaw  
Fruit Pie and Custard



**TUESDAY**  
Beefburger Bap   
or  
Vegetarian Bolognese   
Potato Wedges / Pasta  
Sweetcorn / Peas  
Coconut Crunch


**WEDNESDAY**  
Mini Brunch  
Chicken or Vegetarian Sausage and Omelette  
Hash Browns / Bread  
Beans / Tomatoes  
Chocolate Sponge and Chocolate Sauce



**THURSDAY**  
Roast Pork  
or  
Quorn and Pasta in a Tasty Tomato Sauce   
Creamed Potatoes/ Crusty Roll  
Broccoli / Carrots  
Fruit Cocktail and Ice Cream 


**FRIDAY**  
Fish Fillet  
or  
Crispy Nugget Wraps   
Chips  
Coleslaw / Peas  
Cup Cake


**WEEK THREE**

**MONDAY**  
Beef and Vegetable Pie   
or  
Tomato & Basil Pasta   
Creamed Potatoes / Crusty Bread  
Farmhouse Mixed Veg  
Shortbread and Chocolate Sauce

**TUESDAY**  
Pulled Pork Bap  
or  
Quorn Nuggets and Dip   
Fries  
Coleslaw / Peas  
Muffin Medley

**WEDNESDAY**  
Pasta Bolognese   
or  
Vegetable Bake   
Garlic Bread / Diced Potatoes  
Mixed Salad / Beans  
Fruit Crumble and Custard

**THURSDAY**  
Roast Turkey and Stuffing  
or  
Cheese and Tomato Pasta Bake   
Mashed Potatoes / Crusty Bread  
Cabbage / Carrots / Salad  
Fruit Trifle

**FRIDAY**  
Fish Fingers  
or  
Cheese and Bean Pasty   
Chips  
Beans / Peas  
Frozen Yoghurt

Also available - filled jacket potatoes, salad and fresh fruit

MON	TUES	WED	THURS	FRI	SAT	SUN
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

MON	TUES	WED	THURS	FRI	SAT	SUN
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

MON	TUES	WED	THURS	FRI	SAT	SUN
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

MON	TUES	WED	THURS	FRI	SAT	SUN
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

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11	12	13	14	15	16	17
18	19	20	21	22	23	24
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MON	TUES	WED	THURS	FRI	SAT	SUN
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

MON	TUES	WED	THURS	FRI	SAT	SUN
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

**Key**  
 = Vegetarian  
 = Red Tractor  
 = Locally Sourced

 WK 1  WK 2  WK 3  HOLIDAYS

For any information please go to: [www.wrexham.gov.uk/school-meals](http://www.wrexham.gov.uk/school-meals) or email us at [SchoolMeals@wrexham.gov.uk](mailto:SchoolMeals@wrexham.gov.uk)